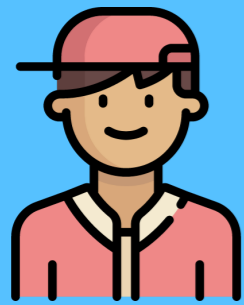


Tending Mental Health

# Community Centre leverages technology to reach troubled teens



A Touch Inspiration Project



# Who We Are

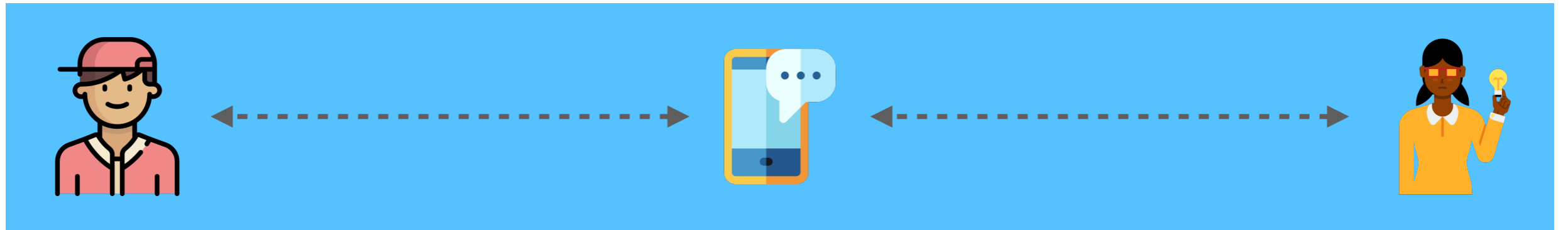
Touch Inspiration is a team of passionate process application developers and designers, who have led software development efforts for both startups and established brands.

We've built and continue to build blockchain based software, agri-centric software, payment solutions, appointment solutions, property management software to capture and improve our clients' processes.

Our mission is to improve the efficient use of technology for our clients by providing a complete spectrum of e-solutions geared towards their specific business needs.

Through our customer-centric approach, we aim to improve the application of technology investments of our clients, by developing integrated solutions that maximize their return on investment.

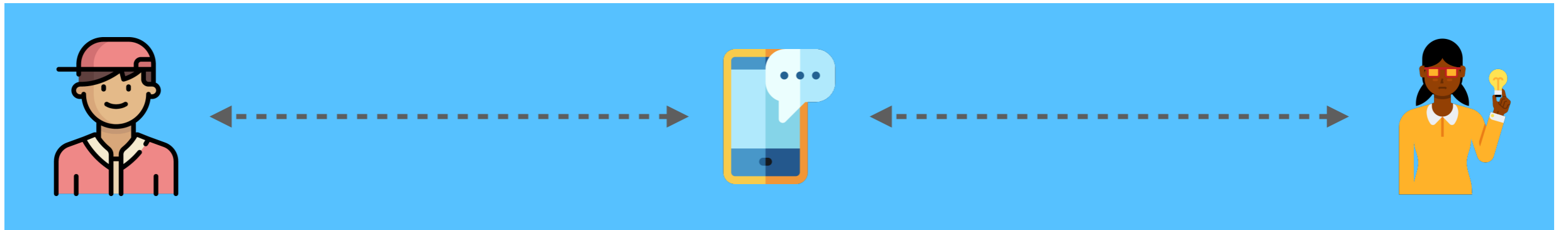




# The Client

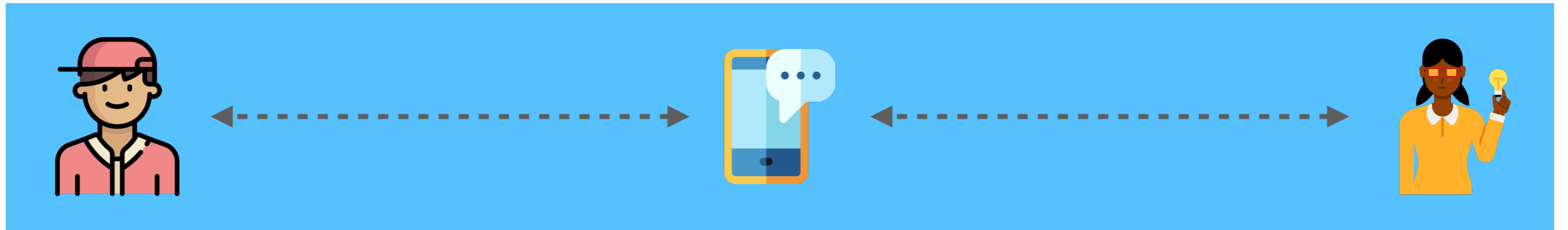
A non-profit organization whose mission is to provide valuable life skills and training to high-risk youth and the adults who care for them.

They achieve this through enabling youth of all ages to achieve their highest potential as successful students and law abiding citizens through individual and group sessions conducted by well trained and caring facilitators.



# The Problem

High-risk youth are vulnerable to multiple and intersecting problems, including emotional and behavioral disorders, substance abuse, violent and risk-taking behaviors, and poor connection to and performance in school. High-risk youth are more likely to live in vulnerable families and in communities that are inadequately supportive, contain high rates of conflict, and expose youth to high-risk activities

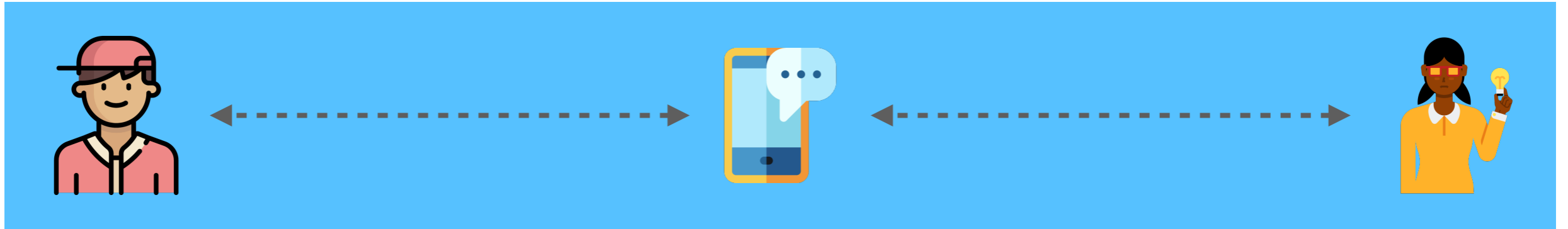


# The Goal

To meet the challenge of effective intervention, while implementing the tools and habits that teens already use.

# The Solution

We created a teletherapy app from which teens receive counseling from licensed therapists online. This would allow teens to access mental health treatment without leaving their home, or even their room, making it a great option for those with limited access to mental health resources.

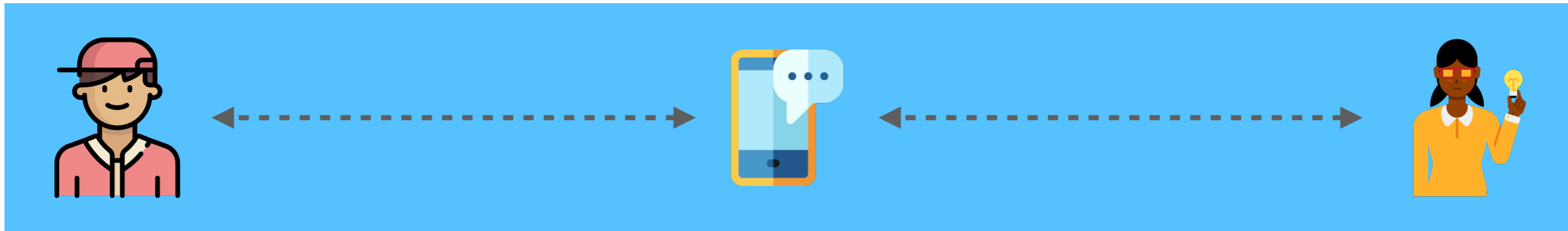


# The Benefits

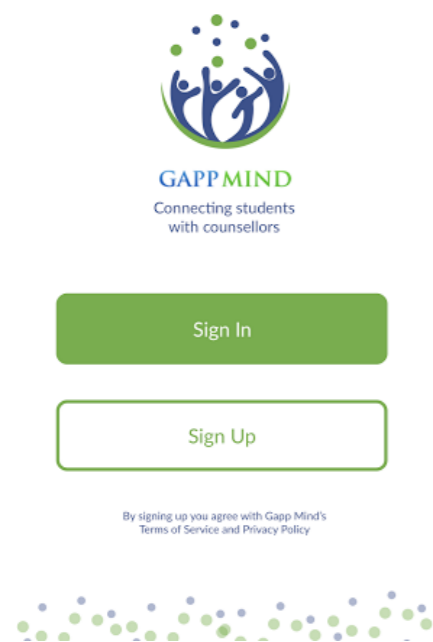
A teen doesn't have to have a mental illness to want to see a therapist or counselor. The benefits of therapy offers teens the following:

- A safe place to discuss private matters
- Someone a teen can really trust
- A professional who understands the mind and who can offer guidance on life's struggles
- An opportunity to talk about problems and concerns versus holding them in.

It is also noted that the long-term benefits of therapy, are remarkable.



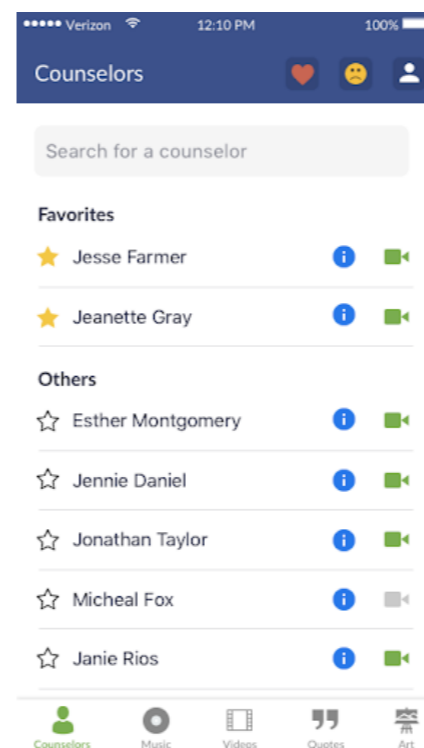
# Brief Walk Through



Sign In



Check In



Counselor list



Chat